

## **Fell Running Report to the end of April**

On a fine winters day with nine inches of snow on the ground four people went to have a trog around the Wadsworth trog and half trog on Feb 7<sup>th</sup>. The day was bright sunny and perfect for the run. There were no navigational skills required as all you had to do was follow the tracks left by the leaders in the snow. The run is around the moors of Harworth, Yorkshire and with the nick name of the beast the run can live up to its name but was tame on this outing. The participants were Steve Wathall, Max and Ross Howard and Charmian Heaton did the half trog.

The next outing of any note was the Harworth Hobble (Wuthering Hike) where Max and Ross Howard beasted themselves around the thirty two mile course for over six and a half hours. Not bad for two old men but I think they enjoyed it!!!!

A fortnight later Ross and Max were at it again along with six other folk at the Edale Skyline, a mere stroll to the Howard brothers at twenty one miles long in the peak district of Derbyshire. Along with these two were Steve Wathall, Iain Storey, Giles Harrison, Dave Pickering, Steve Woodward and Charmian Heaton. Everyone had a good run and seemed to run well on the very nice, warm sunny day but I think the strain was telling on the two Howard brothers or at least it looked like it in their faces as they crossed the line.

And again a fortnight later on the 11th April Ross and Max wanted some more punishment along with Steves Wathall and Woodward and Max's wife Lynda at the Anniversary Waltz in the Newlands valley of Cumbria just south of Keswick. The eleven and a half mile race is a classic and a must do with very scenic views over the valley if you dare take your eyes off the ground whilst you are running. Again the weather was very kind for such a nice and friendly race. Ross was definitely showing the strain but finished a good run and then..... a week later went on to take part in the i-roc team event along with four other club members - how long could he keep going? A very good report of this event is also on the web site.

After a two week rest and not feeling too good Ross along with his brother Max went to "play" with the three peaks race in Yorkshire. The two ran together all the way and were within seconds of each other at all the checkpoints and even though the finishing time is the same for both of them, the finishing commentator was heard to say that they were both down to beat each other with a sprint finish with Ross just ahead at the post - so Ross told me !!

Other near future runs are the Fellsmen, Burbage Skyline and the Old County Tops so keep on running.

Steve Wathall