

Road Running in May

The month of May has seen many races taking place involving Retford members with all distances from 5 miles to Marathon, with this in mind this are just very brief notes outlining the events.

Sunday 8th May

Beverley 10 km

Derek Marsh was Retford's sole competitor amongst a field of 1085 for the Beverley 10km. This race has become a regular feature in Derek's running calendar and one he thoroughly recommends, his time this year falling just outside the hour mark by 7 seconds, to give him 845th position in the race, achieving 11th in his age group.

Shakespeare Marathon

Andy Sly completed his 37th marathon in Stratford upon Avon, difficult windy conditions slowed his progress somewhat but he still recorded a creditable 2 hours 55 minutes to earn 16th position from a field of 1077.

Wednesday 11th May

Holme Pierrepont 5 mile Summer League

Retford AC again managed to put out teams in both the male and female sections, the men's team achieving 17th position out of 27, whilst the ladies team were 15th from 25.

Sunday 15th May

Great Manchester Run 10km

Two Retford members took part in this prestigious 10km. Becky Chadwick hit form to return a pb time of 43 minutes 12 seconds, while Andy Sly produced a decent performance despite the previous weeks marathon to record 36:48.

Thursday 19th May

Club 10 mile

An in depth report to follow, suffice to say there was an excellent turn out with 16 club members taking part in the race with Peter Tallents once more taking the honours, with Andy Sly with runner up. Ollie Lord just managing to keep Nick Sears at bay to earn 3rd position.

Sunday 22nd May

Towpath & Trail 10km

Six club members travelled the short distance to Shireoaks for this two lap race, most of whom had also run the previous Thursday's 10 miler. Andy Sly was first home in 9th position overall, Dave Windle was the next Retford runner in 98th. Terry Lovett came home in 164th place while Kath Cook managed 175th. Chris Ryan marked a return to racing after illness with 256th place while Godfrey Tallents earned 268th.