

## London Marathon - Sunday 17<sup>th</sup> April 2011

This year Retford AC had 6 runners that took to the streets of London to complete the 31<sup>st</sup> running of the London marathon. It was a warm dry day, maybe a bit too warm for perfect running conditions!

Andy Sly lead home the runners in a swift time of 2.49.46, which gave him a finishing position of 451<sup>st</sup> and an impressive 40<sup>th</sup> in his age category.

The next 4 runners were set finish very close together having completed much of their training as a team. They were lead home by Becky Chadwick who completed the course in a new personal best time of 3.37.23, taking over 2 minutes off her previous best to give her a finishing position of 704<sup>th</sup> in the ladies race. Next across the time in is debut marathon, just 27 seconds behind Becky was Ollie Stanser in a time of 3.37.50, placing him 5003<sup>rd</sup> in the race, an impressive first attempt at this distance and more to come in the future. Nick Sears was the next to cross the line to complete this race for the 2<sup>nd</sup> consecutive year in a time of 3.41.51, gaining him a finishing position of 5631<sup>st</sup> in the race. Ollie Lord completed his 4<sup>th</sup> marathon recording a finishing time of 3.53.47 which was just over his previous best but gave him a creditable finishing position of 7792<sup>nd</sup> in the race.

Martin Stanton completed the race in a time of 4.31.21 which signalled his return from a year of injury and rewarded him with a finishing position of 16753<sup>rd</sup> and 1752<sup>nd</sup> in his age category.

Members are reminded that this Thursday 28<sup>th</sup> April is the monthly 5 mile time trial at 18.45 from Oaklands. New members are welcome to come along!!