



# Ferry 5

## Sunday 13th December 2009 at 10.45am

**A flat 5 miles run on rural roads around the historic Isle of Axholme. Race HQ Coronation Hall, Owsten Ferry, DN9 1RL.**

- T-shirt to all finishers
- Extensive and 'spot' Prize List
- Entries on the day
- Raceday photos
- Ample Car Parking
- Refreshments

Entry Fee. All entries Welcome  
UKA Club members £10.00  
All other runners £12.00  
Entries Close on Friday 11 December  
(£2 extra on race day)  
Please enclose 9x6 SAE for Race  
Number, Info and Directions.

Cheques made payable to **`Metres to Miles`**  
15-17 High Street Epworth North Lincolnshire DN9 1EP

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ County: \_\_\_\_\_

Post Code: \_\_\_\_\_ Tel: \_\_\_\_\_

Age on Day: \_\_\_\_\_ Sex (M/F): \_\_\_\_\_

Club: \_\_\_\_\_ E-mail: \_\_\_\_\_

**NoEAA Permit applied for. Event not suitable for wheelchairs, prams, pushchairs etc**

**T-SHIRT SIZE (please circle)    S        M        L        XL**

**DECLARATION:** I declare that I am an amateur as stated in UKA rules and will abide by those rules. I will be 15 years of age or over on the day of the race. I hereby agree that the organisers or associates shall not be liable for any accident, injury, loss or damage as a consequence of my participation in the Race.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_