

Retford Athletics

Retford athletics runners took a male and female team to Erewash Nottingham on Wednesday the 15th of June, to compete in the Notts AAA'S summer road racing league and all runners produced good performances. The roads around Erewash have plenty of climbs and the warm weather made it a sweaty evening for all that competed in the 5.5 mile road race. Peter Tallents led the way for Retford finishing 7th out of 331 runners with a time of 30:56, followed by a 104 place finish for Andy Kinsley in a time of 37:54. Ollie Lord finished with a time of 39:36 after a long weekend of training in preparation for his iron man challenge. Dave Corbett made his debut for Retford finishing in a respectable time of 40:13. Next for Retford males came Terry Lovett in a time of 47.27, followed by Paul Geldeart with a time of 50:59.

Retford women also had a good race with all three finishing well. Becky Chadwick led the way finishing 19th out of 108 in a time of 39:45. Next for the women Nicola Machin with a time of 43:19 and rounding of the run for Retford was Susan Geldeart with a respectable time of 55:59.

Retford AC train each Monday and Thursday evening at the Oaklands playing field at 6:30pm with a "Have a go Monday" taking place on the 1st Monday of every month. We welcome new members, whatever their capability.