

Monday 4th May - Belfast Marathon

After failing to secure a place in the London Marathon Martin Stanton chose Belfast for his second attempt at the 26.2 mile event. Although conditions were not as favourable as one might hope for Martin put in a determined effort to finish in 4:03:05, knocking an impressive 32 minutes from his debut time in last years London event, further to his credit Martin finished in the top half of the finishers, taking 932nd place from over 2,200 who crossed the line.

Closer to home the recent edition of the club's monthly time trial saw an amazing 10 personal bests from the 13 who took part, in fact the only ones not to "pb" were the 3 who had run the London Marathon four days previously. This monthly 5 mile event has been taken to well by the club members and has served to encourage some good race training for all who have taken part over the past 6 months.

The next event on the horizon for club members is the second race in Notts Summer League, this race takes place at Holme Pierrepont, Nottingham with an off time of 7:15pm. The race itself is an almost perfectly flat 5 mile course, where good times can be achieved. Meeting prior to leaving will be at King Edward VI School at 5:30pm, hopefully a good turn out of runners will see a decent team result as the club has the potential to do well at this event