



RET FORD AC CLUB RECORDS

10K MEN	NAME	TIME	DATE	EVENT
<40	P. TALLENTS	00:31:51	2003	
>40	A. COLLINGBURN	00:34:17	1996	
>50	T. LOVETT	00:37:18	1994	
>60	T. LOVETT	00:41:28	2003	
>65	P. CHEESMAN	00:41:17	1991	
>70	K.NEAL	00:53:57	2008	

LADIES

<35	A. GOGGIN	00:38:28	1995	
>35	A. CAMPION	00:41:47	1994	
>45	A.WILLOUGHBY	00:46:10	1992	
>55	K. REVILL	00:52:00	1997	
>60	K.REVILL	00:57:43	2002	
>65	K.REVILL	00:66:32	2007	

10ML MEN

<40	P. TALLENTS	00:53:05	1997	
>40	G. WOODWARD	00:56:38	1987	
>50	T. LOVETT	01:02:13	1994	
>60	T. LOVETT	01:07:35	2003	
>65	B. WILLIAMS	01:10:55	2003	
>70	K.NEAL	01:29:46	2008	

LADIES

<35	A. GOGGIN	01:03:34	1994	
>35	A. CAMPION	01:08:11	1994	
>45	A. WILLOUGHBY	01:15:34	1991	
>55	A. WILLOUGHBY	01:24:32	2000	
>60	K. REVILL	01:39:23	2002	

1/2 MAR MEN

<40	J. MILLS	01:11:08	1988	
>40	G. WOODWARD	01:15:15	1987	
>50	T. LOVETT	01:22:28	1993	
>60	T. LOVETT	01:28:23	2003	
>65	P. CHEESMAN	01:32:13	1991	
>70	K.NEAL	02:05:34	2007	

LADIES

<35	A. GOGGIN	01:23:09	1995	
>35	A. CAMPION	01:34:10	1994	
>45	A. WILLOUGHBY	01:40:13	1992	
>55	A. WILLOUGHBY	01:53:25	2002	
>60	K. REVILL	02:06:49	2002	

MAR MEN

<40				
>40	G. WOODWARD	02:42:42	1989	
>50	T. LOVETT	02:58:18	1993	
>60	P. CHEESMAN	03:16:57	1990	
>65	P. CHEESMAN	03:01:00	1992	
>70	K.NEAL	04:49:12	2008	

LADIES

<35	A. GOGGIN	02:59:41	1994	
>35	A. CAMPION	03:33:35	1992	
>45	B.WATSON	04:05:53	2005	
>55				
>60	K. REVILL	04:49:33	2002	

Records can only be achieved in accurately measured and registered events. It is the responsibility of the prospective record breaker to furnish details for ratification by the club committee