

Brass Monkey Half Marathon – Sunday 23rd January

Two Retford club runners missed the first event of the cross-country season to attend this ever popular half marathon in York , with well over 1,500 participants competing over a generally accepted flat and fast course.

Becky Chadwick gained a new personal best for the second year in succession at this race, ensuring it will surely become a permanent fixture in her race diary for years to come. Becky recorded a time of 1 hour 35 minutes and 28 seconds, taking well over a minute and a half off her previous record, and bringing her very close to the 1:35 mark.

Her reward for this swift run was 426th position overall and 50th place amongst the ladies, a very creditable achievement in what is a high quality race.

Andy Sly ran a disappointing 1:20:56, fully 3 minutes down on his performance last year, though it must be said his current high training volume perhaps slowed him somewhat, despite this he still managed to finish in 79th position, with an age category placing of 11th.

Fellow Retfordian Stuart Smith was also running, and managed a huge personal best, knocking close to 4 minutes off his previous time to finish in 1:49:11, placing him 902nd.