

Retford Athletics

Good turn out for local road race.

Retford Athletics took a total of 19 of their senior club members to the fourth Nott's AAA summer road race and everyone who competed did themselves proud with good performances from all involved. The 4.9 mile course proved to be the fastest yet and there was no let up in pace after a fast downhill start into Clumber Park. Then the course was mainly flat and took the runners from Worksop College out into the countryside before swinging back round and finishing in front of the impressive college building.

The first home for Retford was Peter Tallents in a time of 26m:47s and this gave him an overall finishing position of 9th out of 319 runners. Next home for Retford were Oliver Stanser 31m:40s and Andy Kinsley 32m:13s closely followed by Ollie Lord 32m:45s and Steve Firman 33m:12s who all finished in the top 100. Next home for Retford came Peter Gilbert in a time of 33m:39s, followed by the first lady home for Retford Becky Chadwick with a time of 33m:56s placing her 22nd out of 113 female runners. John Sinclair and Dave Corbett crossed the line next in 34m:30 and 34m:48s respectively. Next for Retford were Lynda Howard 37m:28, Dave Windle 38m:26s, Terry Lovett 40m:50s, Kath Cook 41m:19s, Ingrid Lacey 42m:11s, Charmian Heaton 42m:12s and John Cooper 42m:13s who all pushed really hard around the course. The husband and wife Paul and Susan Geldeart finished next in 42m:59 and 47m:13 respectively but the biggest cheer of the night was saved for the remarkable effort of Retford stalwart Chris Ryan who finished with his head held high in a time of 59m:18s and fighting his way back to fitness after a year out due to illness.

Well done to everyone who took part and thank you for showing your support to the club.

Retford Athletics train each Monday and Thursday evening and are always looking for new members with groups catering for all abilities of runners. Come and have a go at 6:30 on the Oaklands playing field.