

## Retford take 15 Runners to Worksop Half Marathon

Retford senior section of the athletics club took fifteen runners to the 30<sup>th</sup> Worksop half marathon, which this year fell over the spooky Halloween weekend and had nearly 2000 ghosts and ghouls pounding around the 13.1 mile course.

The race starts on Newgate Street, Worksop and quickly heads out of town towards the National Trusts Clumber Park in which a large proportion of the race is run. This scenic course takes you through ancient woodlands, past Clumber Lake and through the grounds of Worksop College and then down the hill back to Worksop Town Centre. First back for Retford came Steve Firman in a fantastic time of 1h:32m:53s a new personal best for Steve. Andy Kinsley followed with another PB time of 1h:33m:06s, both finishing inside the top 240 runners. John Sinclair finished next in a time of 1h:38m:37s with David Corbett close behind with a new PB, finishing in a time of 1h:38m:40s. David was followed by Peter Hepton 1h:39m:15s, then the first female for Retford Becky Chadwick in a time of 1h:43:00, followed by Nicola Machin 1h:53m:07s, Iain Storey 1h:55m:04s, Terry Lovett 1h:55m:16s, Dave Windle 1h:58m:19s, Christopher Colclough 1h:59:51s all finishing under the two hour mark. Next for Retford came Katherine Cook in a time of 2h:04m:32s. Annette Easom and Fiona Grove followed in times of 2h:10m:40s and 2h:28m:06s respectively and rounding things off for Retford was Keith Revill in a time of 2h:28m:08s. Times are chip times due to the large volume of runners trying to get over the narrow start line.

Retford seniors meet at the Elizabethan high school at 6:30 each Monday and Thursday at 6:30pm and always welcome new runners.

With just one remaining fixture (the Leeds Abbey Dash 10k on 20<sup>th</sup> November) things are hotting up at the top of the 2011 Grand Prix table with everything to run for in pursuit of club honours.

<b>Pos</b>	<b>Name</b>	<b>Score</b>	<b>Races</b>
1	Peter Tallents	4,932	5
2	Becky Chadwick	4,487	5
3	Andy Kinsley	4,337	5
4	Ollie Lord	4,326	5
5	Charmian Heaton	4,266	5
6	Terry Lovett	4,196	5
7	John Sinclair	4,018	4
8	Steve Firman	3,811	4
9	Dave Corbett	3,397	5
10	Kath Cook	3,305	4
11	Dave Windle	3,259	4
12	Peter Hepton	2,936	4
13	Andy Sly	2,828	3
14	Nick Sears	2,127	3
15	Nicola Machin	2,020	3