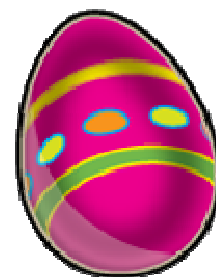


# BOSTON & DISTRICT ATHLETIC CLUB

Present

## The Friskney Half Marathon



Fast flat course      Start & Finish at

**The Village Hall, Friskney, near  
Skegness, Lincolnshire**

**Sunday 8th April 2012 start at 11.00am**

2 weeks before the London Marathon

- |                             |                            |
|-----------------------------|----------------------------|
| * Certified measured course | * Adequate parking         |
| * First aid in attendance   | * Changing facilities      |
| * Marshalled course         | * Toilets and Showers      |
| * Water Stations            | * Min age 17yrs on the day |

Commemorative medal to all finishers

**Prizes:**

First 3 men Sen, Vet40, Vet50, Vet60

First 3 women Sen, Vet35, Vet45, Vet55

First men's team Sen & Vet combined

First women's team Sen & Vet combined

Only one individual prize per runner in the category entered    3 runners to count per team

**Entry Fees: £12 affiliated, £14 unattached. Please makes cheques payable to Just Athletics**

**Closing date 29th March 2012, no late entries**

**Enquiries: contact 01754 820455 or [www.bostonanddistrictac.com](http://www.bostonanddistrictac.com)**

**Entry forms to:**

**Just Athletics, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG**

✂ -----

Surname ..... Firstname ..... Male or Female (please circle)

Address: House number & street .....

Town ..... Postcode .....

Telephone ..... email .....

Date of birth ..... Age on race day ..... (Min age 17 years)

Affiliated Athletic Club or Unattached .....

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed: .....

Date .....

Parent's signature for runners under 18

*Supported by*

